

The doctor will see you now. And later. And on weekends.

It's not always convenient to visit a doctor when you're sick.

Especially if it's the middle of a workday or the middle of the night. With Virtual Care, offered as part of your Disney medical plan through Cigna, you can connect with a board-certified doctor via video or phone chat,* 24/7/365. For minor medical conditions, convenient virtual visits save you the cost and time of using urgent care or the emergency room - and it's confidential.

 <p>CONVENIENT</p> <p>Connect via phone or video chat, day or night, weekdays, weekends and holidays.</p>	 <p>COST-EFFECTIVE</p> <p>Unlike an office visit where you may have a co-pay, or costly trips to Urgent Care or the emergency room, a virtual visit through Amwell or MDLIVE costs you nothing. <i>(See chart below for details)</i></p>	 <p>CONFIDENTIAL</p> <p>Confidential, just like an in-office visit.</p>
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The care you need - at no cost to you!

Speak with a board-certified doctor to get the care you need - including most prescriptions** (when appropriate) - for a range of minor conditions, such as:

- Cold and flu, ear infections, pink eye, sore throat, rashes and more

Register today so you're prepared when you need it.

To get started:

- Go to myCigna.com or the [myCigna® App](#)
- Select "Talk to a doctor or nurse 24/7"

	Care Options			
	Office visit	Urgent Care	Emergency Room	Virtual Care
Consumer Choice	Plan pays 80% after deductible.			\$0 <small>(effective through 12/31/2021)</small>
Basic PPO	Plan pays 70% after deductible.	Plan pays 70% after deductible. You pay \$50 copay.	Plan pays 70% after deductible. You pay \$150 copay.	\$0
Cigna HMO	\$20 copay	\$50 copay	\$200 copay	\$0
Value Select (So. CA)	\$10 copay	\$30 copay	\$200 copay	\$0

* Some states prohibit live chats and the writing of prescriptions, as limited under state law.

** You pay your plan's cost for any prescriptions

The information in this document is for educational purposes only and is not medical advice. Consult with your doctor for appropriate treatment advice and guidance. Always dial 911 or visit the nearest hospital in case of an emergency.

Virtual care services are provided exclusively by Amwell/MDLIVE and not by Cigna. Providers are solely responsible for treatment provided. There is no guarantee that a prescription will be written and not all prescription drugs may be covered by your plan. Video chat may not be available in all areas or with all providers. Amwell/MDLIVE services are separate from your health plan's provider network and may not be available in all areas. A PCP referral is not required for this service. Refer to your plan documents for cost and coverage details, including exclusions and limitations.

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